

NEW DEAL CAFÉ

5250 NE Halsey Street, Portland, Oregon 97213
503-546-1833 www.thenewdealcafe.com

	Monday – Friday	Weekends
BREAKFAST	7am-4pm	8am-4pm
LUNCH	11am-4pm	11am-4pm

~Breakfast~

SCRAMBLES: All natural, cage free eggs. Served w/ potatoes & a buttermilk biscuit **\$8.25** (Tofu or egg white substitutions available)

THE FARM Onions, bell peppers, mushrooms & cheddar with choice of bacon, ham, sausage, or veggie sausage.

VEGGIE GARDEN Spinach, broccoli, corn salsa, mushrooms & roasted red pepper sauce.

MEDITERRANEAN Garlic, tomatoes, basil, greek olives & feta.

HOUSE FAVORITES (with All natural, cage free eggs)

FRENCH TOAST served w/ organic seasonal fruits. **\$7.00**

EGG SAMMICH Fried egg sandwich with natural bacon & cheddar.

Grilled on rustic white bread served w/potatoes **\$7.25**

AMERICAN STANDBY Two eggs any style, served w/ potatoes, biscuit choice of natural bacon, all natural ham, sausage, or veggie sausage. **\$8.00**

BREAKFAST BURRITO Scrambled eggs, cheddar, jalapenos, black beans & tomatoes, sour cream, corn salsa & red salsa & potatoes. **\$8.50**

BISCUITS AND GRAVY ur house made buttermilk biscuits with veggie mushroom gravy. Served with potatoes and 2 eggs. **\$9.00**

SIDES:

Fruit Bowl Filled w/ organic delights.....	\$4.50
Coconut Oatmeal w/ dried fruit, coconut & nuts.....	\$4.00
Oatmeal.....	\$2.50
Black Forest Ham Sliced & all natural.....	\$3.00
Bacon Hickory smoked & all natural.....	\$3.00
Sausage Mildly spicy Italian chicken.....	\$3.00
Veggie Sausage.....	\$3.00
Potatoes Russet, Yukon gold & red potatoes.....	\$2.75
Pancake Home made buttermilk pancake.....	\$2.00
Vegetarian Gravy.....	\$2.00
Egg All natural and cage free, any style.....	\$1.50
Buttermilk Biscuit.....	\$1.50

~Lunch~

SNACKS

CHICKEN STRIPS w veggie sticks, and ranch dressing or BBQ sauce. **\$7.00**

HUMMUS PLATE Rustic white bread w/ veggies & house made hummus. **\$5.00**

SOUP OF THE DAY w/bread Cup **\$3.00** Bowl **\$5.00**

SALAD

Small / Large

GARDEN SALAD **\$4.00 / \$6.00**

Green leaf, carrots, red onions, peppers and sunflower seeds.

Choice of dressing: smoked apple vinaigrette or ranch

CAESAR SALAD **\$4.00 / \$6.50**

Romaine, croutons, parmesan & caesar dressing.

MIXED GREEN SALAD **\$4.50 / \$7.00**

Organic greens with organic pears, bleu cheese & candied hazelnuts.

Tossed with our smoked apple vinaigrette.

SPINACH SALAD **\$4.50 / \$7.00**

Spinach greens, feta, candied hazelnuts, onions & tomatoes.

Served with our warmed smoked apple vinaigrette.

Add Natural Chicken Breast to any salad \$3.00

SANDWICHES (all Natural Meats) w/Kettle chips, pickles & veggies.

TUNA MELT Tuna salad grilled on rustic bread w/ cheddar. **\$6.50**

FANCY GRILLED CHEESE Cheddar, swiss, provolone, tomatoes, garlic spread **\$6.50**

PRESCOTT BBQ Smoked cheddar & onions, peppers and bbq sauce and your choice of ham or chicken. Toasted on focaccia bread. **\$7.50**

MR. GOBBLER Roasted natural turkey, tomatoes, roasted pepper sauce and provolone. Grilled on rustic bread. **\$7.50**

BLACK FOREST HAM W/ roasted pepper sauce, sliced apples, bleu cheese and provolone. Toasted on focaccia. **\$7.50**

VEGGIE HEAVEN FOCACCIA Spinach, mushrooms, corn salsa, peppers, roasted garlic spread and tomatoes. Toasted on focaccia w/ feta cheese. **\$7.50**

CHICKEN PESTO Grilled on rustic bread w/ mozzarella and tomatoes. **\$7.50**

B.L.T. Bacon, lettuce and tomato on grilled bread. **\$7.00**

DELI SANDWICH Served cold with lettuce, red onion, tomato, and mayo. Choice of Ham or turkey, and cheddar, smoked cheddar or provolone. **\$7.00**

KIDS MENU

CHICKEN STRIPS with veggie sticks, and ranch dressing or BBQ sauce. **\$4.00**

LIL' GRILLED CHEESE ½ grilled cheese, served w/ organic apple wedges and veggie sticks. **\$3.00**

P B & J Berry jam & organic peanut butter on rustic white bread. **\$3.00**
Served w/ organic apple wedges and veggie sticks.